



**SAVE \$75**  
Per person double occupancy  
on a Caribbean all-inclusive trip  
from Aug. 15, 2023, to  
April 30, 2024, if booked between  
Aug. 1 and Sept. 15, 2023

St. Croix's The Buccaneer

**Let Pleasant Holidays turn winter dreams into realities**

# Find perfect remedy for cabin fever in Caribbean

**SUMMER IS THE MOST ANTICIPATED SEASON OF THE YEAR.** Beautiful weather, swimming pools and the scents of outdoor barbecue and freshly cut grass break our cabin fevers.

It's a great time to get your vacation on! Extend your summer by rewarding yourself with a getaway to a tropical climate. And let a AAA Travel Advisor make this dream become a reality by assisting with your plans and making sure you take advantage of member benefits.

Perhaps the best option is a visit to a Caribbean island. Some don't even require a passport.

They greet you with open arms and treat you like family. These intimate nooks are slices of heaven. Resorts are unique but share similar settings – masterpieces, to say the least.

Puerto Rico, St. Thomas and St. Croix rank among the Caribbean's more popular islands – and they don't require a passport. Puerto Rico is a sovereign state of the U.S. and St. Thomas and St. Croix are part of the U.S. Virgin Islands.

**AAA East Central and Pleasant Holidays are eager to make these trips become realities. Book a vacation at an all-inclusive Caribbean resort (Puerto Rico, St. Thomas and St. Croix are not all-inclusive) for seven nights or more and receive a discount of \$75 off per person double occupancy, if booked with a deposit between August 1 and September 15, 2023, for travel from August 15, 2023, through April 30, 2024. Prices include airfare.**

It's difficult to ignore. Light breezes ruffle your hair under the beauty of clear skies dotted with puffy, white clouds. Sandy beaches nibble at your toes, and the crystal-clear water of the Caribbean Sea puts a bow on a well-earned prize.

These islands of the Caribbean help form a bracelet of shiny diamonds that brighten the days of millions of vacationers annually. Tranquility erases your daily concerns and the calming sounds of waves breaking on the shoreline allow time to stand still. It's a getaway few trips can match and one that won't soon be forgotten.

By the time your trip concludes, you won't ask yourself *will I return*, but rather *when*.

Bask in the glory of these palatial destinations. The finest restaurants are blessed with eclectic themes. Pools have swim-up bars. Pristine beaches are populated with comfortable chairs. Music and entertainment are plentiful. First-class lodging is a given. And a list of other amenities will turn this vacation into a blessing.

Discover the El Yunque rainforest in Puerto Rico. It's the only tropical rainforest in the United States Forest System. It encompasses 28,000 acres and reaches an elevation of 3,526 feet. The rainforest averages 200 inches of rainfall a year, as well as roaring waterfalls. The guides will lead you along well-marked trails through the lush woodlands, where you will be able to see the nest of the Puerto Rican parrot,

## Replace Peeling License Plate at Upcoming Events

AAA East Central is partnering with the Meadville Police Department on a peeling license plate event. According to PennDOT, a registration plate is deemed illegible when one or more numbers or letters cannot be recognized from 50 feet or if the registration plate shows any blistering, peeling, discoloration or loss of reflectivity. If necessary, AAA members can place orders for new license plates from 11 a.m. to 2 p.m. on Friday, August 25 at AAA Meadville (18939 Park Avenue). We will be checking license plates and filling out PennDOT forms. If your license plate meets the criteria, you will receive a free plate in the mail from PennDOT. For more information, contact AAA East Central's Safety Department at 412-365-7211.

## FREE CarFit Clinic

Motor-vehicle crashes are a leading cause of injury-related deaths in adults older than 65, and as people age, changes in our physical and cognitive functions can significantly affect our driving performance. AAA East Central and Allegheny County Health Department Injury Prevention Program will be conducting a FREE CarFit Clinic in August. Trained professionals will help you adjust the comfort, safety and fit of your vehicle through a 12-point checklist. Key areas include mirrors, pedals, seats and proximity to the steering wheel. CarFit is an educational program created by the American Society of Aging and developed with AAA, AARP and the American Occupational Therapy Association. CarFit clinic will be held Monday, August 14 at AAA Wexford, 10548 Perry Hwy. from 10 a.m. to 1 p.m. For more information, call 412-365-7212.

## Yellow Dot Clinic

AAA East Central is partnering with Highway Safety Network for Yellow Dot Clinics. This program was created to assist citizens in the "golden hour" of emergency care following a traffic crash when they might not be able to communicate their needs themselves. Placing a yellow dot in your vehicle's rear window alerts first responders to check your glove compartment for vital information to ensure you receive the medical attention you need. At the clinics, we will help navigate the process, including taking your photo and printing it. You will walk away ready to put your emergency information in your glove compartment and your yellow dot decal in the rear windshield of your vehicle. All events will be held from 11 a.m. to 2 p.m. Upcoming Yellow Dot Clinics include:

- September 14 at AAA Uniontown, 209 Wal-Mart Drive, #C-10
- October 10 at AAA Washington, 196 Murtland Avenue

These are FREE events. To make an appointment, call AAA East Central's Safety Department at 412-365-7212.

## Free VIN Etching Events

AAA East Central will be hosting Vehicle Identification Number (VIN) etching events. Permanent engraving of a vehicle's federally registered VIN deters auto theft because it prevents thieves from switching the VIN plate on the dashboard to mask its identity. The process does not harm windows and doesn't detract from the vehicle's appearance. Participants are asked to preregister inside the branch the day of the event. All events will be held from 10 a.m. to 1 p.m. Upcoming events include:

- September 6, AAA Wexford, 10548 Perry Hwy.
- September 7, AAA Pleasant Hills, 9 Clairton Blvd.

For more information, contact AAA Wexford at 724-933-3000 or AAA Pleasant Hills at 412-655-6100.

## AAA Shred Event September 23

AAA East Central is hosting a free Shred event Saturday, September 23. Members are invited to bring up to five storage boxes (nonmembers, three boxes) filled with paperwork containing personally identifiable information for free-on-site shredding to reduce the risk of identity theft. All shredded materials will be recycled. The time is from 10 a.m. to 1 p.m. at AAA Motor Square Garden, 5900 Baum Blvd., Pittsburgh in the S. Beatty / Eva St. parking lot.